



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## F.M. Kirby Children's Center of the Madison Area YMCA

### Meals and Snacks

***In accordance with new requirements for safe preparation and serving of meals in childcare settings set forth by the CDC and the New Jersey Department of Children and Families with Coronavirus currently a concern in our area, the following procedures will be followed:***

- Access to kitchen will be limited to kitchen appointed staff and to others for emergency use only.
- All meals and snacks will be served in the classroom.
- Children will have assigned seats at the table.
- Seats will be placed 6 feet apart or as far as possible during mealtimes.
- Meals will not be served family style. Instead:
  - Each child's meal will be plated by a teacher in the classroom and placed in front of the child OR:
  - Food will be placed into individual containers in the kitchen and brought to the classroom and handed to the teacher at the door. The teacher will then place a container in front of each child.
- Disposable utensils will be used.
- If plates are used instead of disposable containers, the plates will be placed in a bin and will be picked up by a kitchen staff member and brought back to the kitchen for placement in the dishwasher.
- Sinks used for food preparation should not be used for any other purposes.
- Caregivers will ensure children wash hands prior to and immediately after eating.
- Caregivers will wash their hands and apply gloves before preparing food and helping children to eat.
- For Infants:
  - Childcare providers will wash their hands before and after handling infant bottles prepared at home or prepared in the facility. Bottles, bottle caps, nipples, and other equipment used for bottle-feeding should be thoroughly cleaned after each use by washing in a dishwasher or by washing with a bottlebrush, soap, and water.
  - Childcare providers will wear gloves when feeding a child with either a bottle or spoon.