



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## F.M. Kirby Children's Center of the Madison Area YMCA

### HEALTH POLICY: Management of Communicable Diseases

The F.M. Kirby Children's Center shall not permit a child who has any of the illnesses or symptoms of illnesses as specified below to be admitted to the Center, unless a medical diagnosis from a licensed physician indicates that the child poses no serious health risk to himself or to other children or staff. The medical diagnosis should be in writing for the child to be admitted to the Center. If it is not possible to obtain a written diagnosis, the Center will accept a verbal diagnosis from a physician. The diagnosis must be received before the child is admitted to the Center. Children who become ill while at the Center and who display the specified symptoms shall be sent home as quickly as possible. Parents must comply promptly to requests to pick up ill children.

Such illnesses or symptoms of illnesses shall include, but not be limited to, any of the following:

1. severe pain or discomfort;
2. acute diarrhea, characterized as twice the child's usual frequency of bowel movements with a change to a looser consistency within a period of 24 hours;
3. two or more episodes of acute vomiting within a period of 24 hours;
4. elevated oral temperature of 101.5° Fahrenheit or over, or auxiliary temperature of 100.5° Fahrenheit or over in conjunction with behavior changes;
5. sore throat or severe coughing;
6. yellow eyes or jaundiced skin;
7. red eyes with discharge;
8. infected, untreated skin patches;
9. difficult or rapid breathing;
10. skin rashes, excluding diaper rash, lasting more than one day;
11. weeping or bleeding skin lesions that have not been treated by a physician;
12. swollen joints;
13. visibly enlarged lymph nodes;
14. stiff neck;

15. blood in urine.

Once the child is symptom-free, or a licensed physician indicates that the child poses no serious health risk to himself or to other children or staff, the child may return to the Center.

If a child who has already been admitted to the Center manifests any of the illnesses or symptoms specified above, the Center shall remove the child from the group of children to a separate area within the classroom, or to the nurse's office, until the child can be taken from the Center or the nurse, director, or teacher communicates verbally with a licensed physician who indicates that the child poses no serious risk to himself or to other children or staff, at which time the child may return to the group.

Communicable Diseases

The Center shall not knowingly permit a child or staff member with an excludable communicable disease to be admitted to or to remain at the Center without receipt of a note from the child or staff member's licensed physician stating that the child or staff member has been diagnosed and presents no risk to himself or to others, or the Center has contacted the State Department of Health's Communicable Disease Program or local health department pediatric health consultant and is told the child or staff member poses no health risk to others.

The following is a list of excludable communicable diseases:

- |                         |                                |
|-------------------------|--------------------------------|
| 1) Respiratory Illness  | 2) Gastro-Intestinal Illnesses |
| Chicken Pox             | Giardia Lamblia *              |
| German Measles *        | Hepatitis A *                  |
| Hemophilus Influenzae * | Salmonella *                   |
| Measles *               | Shigella *                     |
| Meningococcus *         |                                |
| Mumps *                 | 3) Contact illnesses           |
| Strep Throat            | Impetigo                       |
| Tuberculosis *          | Lice                           |
| Whooping Cough *        | Scabies                        |

\* Reportable diseases which must be reported to state and local health authorities.

The Center will notify parents in the Center of any incidence of the above excludable communicable diseases. Notices will be posted near the children's sign-in areas in each classroom.

The Nurse or Director shall report to the local Health Department and Bureau of Licensing any reportable disease by the next working day.

VERY SICK CHILDREN ARE BETTER OFF AT HOME WHERE THEY CAN HAVE INDIVIDUAL CARE, WHICH IS IMPOSSIBLE TO PROVIDE IN A GROUP CARE SETTING. FOR THE GOOD HEALTH OF CHILDREN, STAFF, AND PARENTS IN THE CENTER, SICK CHILDREN SHOULD BE KEPT AT HOME.

All classes go outside daily, except in severely inclement weather. If a child is too ill to participate in all Center activities, he/she should stay home.

## Illness Log

The Center shall maintain on file a log of the initial illnesses, symptoms of illnesses or diseases exhibited by each child. The illness log shall include the child's name, date and time the illnesses, symptoms of illness or diseases were observed at the Center, or the date and time the Center was notified of the child's illnesses, symptoms of illness or diseases by the parent, or a description of the symptoms of illness manifested by the child.

The log shall also record action taken to assist the child and any action taken to exclude the child from the Center. Any significant change in the child's symptoms shall be noted. In addition the log shall note, where applicable, the date the child was removed from the Center, the date the child returned to the Center with a physician's note attesting to the child's recovery from a reportable disease and admissibility to the Center, or the date a child returned to the Center symptom-free.

## Health and Immunization Requirements

Each child enrolled at the Center shall have had a health examination performed by a licensed physician, within six months prior to admission for children who are 2 1/2 years of age or younger, or one year prior to admission for children above 2 1/2 year of age.

An up-to-date immunization record appropriate to the child's age or documentation that the child is under a prescribed medical program to obtain immunizations shall also be on file at the Center. Parents must provide medical documentation upon the child's admission to the Center or within 30 days of the child's admission if the parent provides a written statement indicating that the examination requirements have been met and providing information on the child's medical history.