



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

F.M. Kirby Children's Center of the Madison Area YMCA

Healthy Hygiene Practices

Because the risk of transmission of COVID-19 in a childcare setting appears to be a higher than the risk of transmission of other illnesses, and because COVID-19 can potentially cause serious illness in some people, the CDC has recommended more stringent and more frequent handwashing procedures to help avoid transmission of illness.

1. All children, staff, and volunteers will engage in hand washing with soap and water for at least 20 seconds, at the following times:
 - Arrival to the facility and after breaks
 - Before and after preparing food or drinks
 - Before and after eating or handling food, or feeding children
 - Before and after administering medication or medical ointment
 - Before and after diapering
 - After using the toilet or helping a child use the bathroom
 - After coming in contact with bodily fluid
 - After handling animals or cleaning up animal waste
 - After playing outdoors or in sand
 - After handling garbage
 - If a sink is not readily available, staff (and children who are old enough and are monitored) can use hand sanitizer that is 60% alcohol or more.
2. Children will be monitored to ensure proper technique.
3. Hand sanitizer that is 60% alcohol or more will be at all screening areas and at all building entrances as well as inside each classroom.
4. Each classroom will have adequate supplies to support healthy hygiene behaviors, including soap, hand sanitizer with at least 60 percent alcohol (for staff and older children who can safely use hand sanitizer), and tissues.
5. Signs illustrating proper hand washing techniques will be posted inside every bathroom, and near classroom sinks.